

# Benefit Coordinator Workshop

July 13, 2011 Webinar  
for Non-State Agencies

# Benefit Coordinator Resources

---

- Online information, forms, and instructions at [wvpeia.com](http://wvpeia.com)
- Shopper's Guides and Summary Plan Descriptions
- Minnesota Life Benefits Booklet, Rate Sheets, and Forms
- Mountaineer Flex Benefits Booklet and Forms
- PEIA Benefit Coordinator Liaison – MickiAnne Henkels
- PEIA Customer Service



# West Virginia Public Employees Insurance Agency

[Manage My Benefits](#)



[Our Customers](#)

[Our Services](#)

[Health Information](#)

[Forms & Downloads](#)

[News Center](#)

[Contact Us](#)

[About PEIA](#)

[Finance Board](#)

[Financial Reports](#)

[Manage My Benefits](#)

[f](#) [e](#) | Font size A A A



## Our Customers

[Members](#)

[Providers](#)

[Benefit Coordinators](#)

[Retirees with Medicare](#)

[See More](#)



## Our Services

[Preferred Provider \(PPB\) Plans](#)

[The Health Plan](#)

[Humana](#)

[Mountaineer Flexible Benefits](#)

[See More](#)



## Health Information

[Health & Wellness Programs](#)

[Health Tips](#)

[Web Sites](#)

[See More](#)

## Forms and Downloads

[Members](#)

[Providers](#)

[Retirees with Medicare](#)

## How Do I...?

- Find a Form - List of forms and documents
- Find Popular Stuff - List of frequently downloaded information

## News Center



- [Our Customers](#) ▶
- [Our Services](#) ▶
- [Health Information](#) ▶
- [Forms & Downloads](#) ▶
- [News Center](#) ▶
- [Contact Us](#) ▶
- [About PEIA](#)
- [Finance Board](#)
- [Financial Reports](#)
- [Manage My Benefits](#)

[PEIA](#) > [Our Customers](#) > [Benefit Coordinators](#)

## Benefit Coordinators

### Announcements

↑ Important announcements and updates about PEIA health insurance and related services ... [Learn more.](#)

### Premium Rates

See employers' portion of the premium rates for Preferred Provider (PPB) Plans ... [Learn More.](#)

### Benefit Coordinator Briefing

The BC Briefing provides timely updates about health insurance and other services provided by PEIA ... [Learn more.](#)

### Benefit Coordinator Training

Benefit coordinators can participate in [Open Enrollment Training](#), [PEIA 101](#) and other classes to help them carry out this important role. You can enroll on-line, too.

### Popular Downloads



- [Our Customers](#) ▶
- [Our Services](#) ▶
- [Health Information](#) ▶
- [Forms & Downloads](#) ▶
- [News Center](#) ▶
- [Contact Us](#) ▶
- [About PEIA](#)
- [Finance Board](#)
- [Financial Reports](#)
- [Manage My Benefits](#)

[PEIA](#) > [News Center](#) > [Announcements](#) > [Benefit Coordinator Announcements](#)

## Benefit Coordinator Announcements

### [Open Enrollment Ends April 30](#)

Make changes to your insurance and other benefits by the end of April.

### [Open Enrollment for Existing Employees with No Coverage](#)

Instructions for employees who currently have no coverage.

### [PEIA Offers Premium Discounts](#)

In plan year 2012, members can enjoy lower premiums by having a living will and through the Improve Your Score program.

### [Weight Management Resource Site](#)

Site for members participating in the Weight Management Program

### [Shopper's Guide Now Available](#)

Plan Year 2012 Shopper's Guide is now on-line.

### [Where to Get a Living Will Form](#)

The Living will form is available in Shopper's Guide and on West Virginia Center for End of Life Care Web site.

### [Open Enrollment Begins Soon](#)

Attend a benefit fair in Huntington, Beckley, Martinsburg, Charleston, Morgantown, Wheeling and Parkersburg in April.

### [Finance Board Meeting](#)

The Finance Board will meet on March 24.

### [Discounts Letters in the Mail](#)

Letters outlining the status of premium discounts go to those covered by Preferred Provider (PPB) Plans.

### [Online Transfer Process](#)

Instructions for NEW Online Transfer Process

### [How to Change Your Address with PEIA](#)

It's easy to change your address and other information in Manage My Benefits.

### [WeightWatchers Offers Members Discount](#)

WeightWatchers offers a \$15 membership fee discount to PEIA members in 2011.

### [PEIA Wants Your Input](#)



# West Virginia Public Employees Insurance Agency

[Manage My Benefits](#)

- [Our Customers](#)
- [Our Services](#)
- [Health Information](#)
- [Forms & Downloads](#)
- [News Center](#)
- [Contact Us](#)
- [About PEIA](#)
- [Finance Board](#)
- [Financial Reports](#)
- [Manage My Benefits](#)

[f](#) [t](#) | Font size A A A | [Print this Page](#)

[PEIA](#) > [News Center](#) > [Benefit Coordinator Briefing](#)

## Benefit Coordinator Briefing

Below are updates and information about managing member benefits for benefits coordinators. You can subscribe to the BC Briefing by click on the RSS Feed button

[Notices from PEIA Regarding Documentation for Eligibility and Changes](#)  
Watch your inbox for notices from PEIA regarding documentation required.

[Minnesota Life sending forms to update beneficiaries](#)  
MN Life sending letters and forms to policyholders to update their beneficiaries in 2011.

[Online Transfer Process](#)  
Instructions for NEW Online Transfer Process

[About PEIA](#) | [Our Customers](#) | [Our Services](#) | [Health Information](#) | [Forms and Downloads](#)  
[Finance Board](#) | [Financial Reports](#) | [News Center](#) | [Links](#) | [Contact Us](#) | [Site Map](#)



# West Virginia Public Employees Insurance Agency

[Manage My Benefits](#)[f](#) [t](#) | Font size A A A | [Print this Page](#)[Our Customers](#) ▶[Our Services](#) ▶[Health Information](#) ▶[Forms & Downloads](#) ▶[News Center](#) ▶[Contact Us](#) ▶[About PEIA](#)[Finance Board](#)[Financial Reports](#)[Manage My Benefits](#)[PEIA](#) > [Our Customers](#) > [Benefit Coordinators](#)

## Benefit Coordinators

### Announcements

Important announcements and updates about PEIA health insurance and related services ... [Learn more.](#)

### Premium Rates

See employers' portion of the premium rates for Preferred Provider (PPB) Plans ... [Learn More.](#)

### Benefit Coordinator Briefing

The BC Briefing provides timely updates about health insurance and other services provided by PEIA ... [Learn more.](#)

### Benefit Coordinator Training

Benefit coordinators can participate in [Open Enrollment Training](#), [PEIA 101](#) and other classes to help them carry out this important role. You can [enroll on-line](#), too.





Font size A A A | Print this Page

- [Our Customers](#) ▶
- [Our Services](#) ▶
- [Health Information](#) ▶
- [Forms & Downloads](#) ▶
- [News Center](#) ▶
- [Contact Us](#) ▶
- [About PEIA](#)
- [Finance Board](#)
- [Financial Reports](#)
- [Manage My Benefits](#)

## Training Request Form

Fields Marked \* are Required

First Name \*

Last Name \*

Organization \*

Street Address

City

State

Zip

Email \*

Phone \*

Training Event

Comments

(CLOSED) PEIA 101, April 6, 2011

PEIA 101, May 4, 2011

PEIA 101, June 1, 2011

PEIA 101, July 6, 2011

PEIA 101, August 3, 2011

PEIA 101, September 7, 2011

PEIA 101, October 5, 2011

PEIA 101, November 2, 2011

PEIA 101 December 7, 2011



[f](#) [t](#) | Font size A A A

- [Our Customers](#) ▶
- [Our Services](#) ▶
- [Health Information](#) ▶
- [Forms & Downloads](#) ▶
- [News Center](#) ▼
- [News Releases](#)
- [Benefit Coordinator Briefing](#)
- [Publications](#)
- [Announcements](#)
- [Open Enrollment Ends April 30](#)
- [Contact Us](#) ▶
- [About PEIA](#)
- [Finance Board](#)
- [Financial Reports](#)
- [Manage My Benefits](#)



### Our Customers

- [Members](#)
- [Providers](#)
- [Benefit Coordinators](#)
- [Retirees with Medicare](#)
- [See More](#)



### Our Services

- [Preferred Provider \(PPB\) Plans](#)
- [The Health Plan](#)
- [Humana](#)
- [Mountaineer Flexible Benefits](#)
- [See More](#)



### Health Information

- [Health & Wellness Programs](#)
- [Health Tips](#)
- [Web Sites](#)
- [See More](#)

### How Do I...?

- [Find a Form](#) - List of forms and documents
- [Find Popular Stuff](#) - List of frequently downloaded information

### News Center

**Open Enrollment Ends April 30**  
 Make changes to your insurance and other benefits by the end of April.

**PEIA Offers Premium Discounts**  
 In plan year 2012, members can enjoy lower premiums by having a living will and through the Improve Your Score program.

**Forms and Downloads**

- [Members](#)
- [Providers](#)

<b>Our Services</b>	▶
<b>Health Information</b>	▶
<b>Forms &amp; Downloads</b>	▼
<b>Members</b>	
<b>Providers</b>	
<b>Retirees with Medicare</b>	
<b>Benefit Coordinators</b>	
<b>Financial Reports</b>	
<b>Miscellaneous</b>	
<b>News Center</b>	▶
<b>Contact Us</b>	▶
<b>About PEIA</b>	
<b>Finance Board</b>	
<b>Financial Reports</b>	
<b>Manage My Benefits</b>	

## Forms & Downloads

### Members

---

- Improve Your Score Form
- Tobacco Affidavit
- Enrollment Forms
- Shopper's Guides
- Summary Plan Descriptions
- Preferred Provider (PPB) Plans
- Prescription Drug Benefits
- Medical Home Program
- Life Insurance
- Mountaineer Flexible Benefits
- PEIA Letters
- PEIA Policies
- Health & Wellness
- Health Tips
- Patient Audit Form
- Other Documents

### Retirees with Medicare

---

- Tobacco Affidavit
- Humana
- Medicare Advantage Plan Booklets (Humana)
- Special Medicare Plan Booklets (PEIA)
- Prescription Drug Benefits
- Life Insurance
- Mountaineer Flexible Benefits
- PEIA Letters
- Health & Wellness
- Health Tips
- Express-Scripts
- Other Documents

### Benefit Coordinators

### Providers

---

- Case Managed Drugs
- Fee Schedules & Manuals
- Historic Fee Schedules
- Summary Plan Descriptions
- Preferred Provider (PPB) Plans
- Prescription Drug Benefits (members)
- Prescription Drug Benefits (retirees with Medicare)
- Medical Home Program
- PEIA Letters
- PEIA Policies
- Other Documents

### Financial Reports

---

- Comprehensive Annual Financial Report (CAFR)
- PEIA Actuarial Reports
- Other Post-Employment Benefits (OPEB) & RHBT
- Independent Auditors Reports
- Other Documents

### Miscellaneous



# West Virginia Public Employees Insurance Agency

[Manage My Benefits](#)[Our Customers](#) ▶[Our Services](#) ▶[Health Information](#) ▶[Forms & Downloads](#) ▶[News Center](#) ▶[Contact Us](#) ▼[PEIA Staff](#)[Wells Fargo TPA](#)[Express-Scripts](#)[Subrogation & Recovery](#)[About PEIA](#)[Finance Board](#)[Financial Reports](#)[Manage My Benefits](#)[f](#) [t](#) | Font size A A A | [Print this Page](#)

[PEIA](#) > [Forms & Downloads](#) > [February 2011 Benefit Coordinator Reference Manual](#)

## February 2011 Benefit Coordinator Reference Manual

- ◉ [How to Manage My Benefits](#)
- ◉ [Eligibility](#)
- ◉ [Premium Accounts](#)
- ◉ [Life Insurance](#)
- ◉ [Mountaineer Flex Benefits - Coming soon!](#)
- ◉ [COBRA](#)
- ◉ [Forms & Instructions](#)
- ◉ [Contact Us](#)

[About PEIA](#) | [Our Customers](#) | [Our Services](#) | [Health Information](#) | [Forms and Downloads](#)  
[Finance Board](#) | [Financial Reports](#) | [News Center](#) | [Links](#) | [Contact Us](#) | [Site Map](#)



# West Virginia Public Employees Insurance Agency

Manage My Benefits



[f](#) [t](#) | Font size A A A | [Print this Page](#)

- [Our Customers](#)
- [Our Services](#)
- [Health Information](#)
- [Forms & Downloads](#)
- [News Center](#)
- [Contact Us](#)
- [About PEIA](#)
- [Finance Board](#)
- [Financial Reports](#)
- [Manage My Benefits](#)

[PEIA](#) > [Health Information](#)

## Health Information

### Health & Wellness Programs

PEIA provides various care management programs and the Pathways to Wellness program. Care management programs include tobacco cessation benefits, Face to Face Diabetes Program and other programs. Pathways to Wellness includes the Improve Your Score program and other successful plans ... [Learn more.](#)



### Web Sites

Recommended Web sites for information about maintaining and improving your health ... [Learn more.](#)

### Health Tips

Practical tips for maintaining and improving your health ... [Learn more.](#)

# How to Use Manage My Benefits (Policyholders)

---

- Two-page instruction sheet for new employees in online BCRM
- Allows employees and retirees to complete all eligibility transactions (except retirement and termination of all benefits)
- Only paper submitted will be documentation required

# Benefits Administration System (BAS) Web Application



Capitol Dome, Charleston

[Change Email](#)

[Change Password](#)

[Shopper's Guide](#)

[Logout](#)

## Enrollment Selection Menu



**NEW!** Effective April 1, the Manage My Benefits website will feature a way for policyholders to see what discounts they will have beginning July 1. The button is labeled "**Coverage for Next Plan Year**" and the text to the left of it is "View or print coverage that will be effective as of July 1, 2011." The discounts listed for each policyholder will be updated throughout Open Enrollment as affidavits and screening scores are received and processed.

View or print coverage now in effect.

[View/Print My Current Coverage](#)

View or print choices made previously but are not yet in effect.

[View/Print My Pending Coverage](#)

View or print coverage that will be effective as of July 1, 2011

[Coverage for the Next Plan Year](#)

Verify your address and coverage attributes.

[Policyholder Summary](#)

Verify your tobacco affidavit choice.

[Tobacco Affidavit](#)

Verify your living will choice.

[Advanced Directives / Living Will](#)

Add new or edit existing dependents.

[Dependent Summary](#)

Choose your health plan.

[Manage My Health Benefits](#)

Choose your optional life insurance.

[Manage My Optional Life Insurance](#)

Choose your dependent life insurance.

[Manage My Dependent Life Insurance](#)

View or change beneficiary information.

[Beneficiary Summary](#)

If you have problems accessing this site please call PEIA at 1-888-680-7342 Monday through Friday from 8 a.m. to 5 p.m. - [Feedback](#)



# How to Use Manage My Benefits (Benefit Coordinators)

---

- Register as a Benefit Coordinator using the Need to Register function in Manage My Benefits
- Must register separately as a Benefit Coordinator, Web Contributions Coordinator, and policyholder



# Benefits Administration System (BAS) Web Application

Babcock State Park, Clifftop

Reports

Change Email

Change Password

Shopper's Guide

Logout

## Benefit Coordinator Menu

Search for Policyholder Coverage Changes.

Search Coverage Changes

View All Policyholder Coverage Changes.

View All Coverage Changes

Add an Additional Benefit Coordinator or Replace Yourself.

Add/Replace Benefit Coordinator

Review Assigned Agencies.

View Agency(ies)

Transfer a Policyholder Between Agencies.

Transfer Policyholder

Review Transfers.

Review Policyholder Transfers

If you have problems accessing this site please call PEIA at 1-888-680-7342 Monday through Friday from 8 a.m. to 5 p.m. - [Feedback](#)



2010 WV Office of Technology, State of West Virginia

# Navigating the BC Menu

---

## Search Coverage Changes

- Allows you to search for a specific policyholder by name or social security number
- Click on the “**Review** (whatever coverage they have changed)” button
- Approve or disapprove changes the employee is making online
- **Documentation** must be provided if the employee is adding dependents to coverage or if there is a qualifying event

## View All Coverage Changes

- List of all pending coverage changes within your assigned agency(ies) awaiting your approval
- The qualifying events and documentation required are listed in the Benefit Coordinators Reference Manual online

# Navigating the BC Menu (continued)

---

## **Add/Replace Benefit Coordinator**

- Allows you to start the process to designate an additional or replacement benefit coordinator for your agency
- Make certain this person aware of the confidential nature of the data on the system and the need to maintain confidentiality under the federal HIPAA law
- The REPLACE Benefit Coordinator button will terminate your access

## **View Agency(ies)**

- Displays the agency or agencies for which you are a designated benefit coordinator

## **Review Policyholder Transfers**

- Allows you to approve or disapprove a transfer transaction initiated by another benefit coordinator
- See Online Transfer Process under Benefit Coordinator Briefings

# Navigating the BC Menu (continued)

---

You can also use the Buttons across the top of the page to access other functionality.:

- **Menu**
- **Reports**
  - **Policyholders' Coverage(s) Awaiting Approval**
  - **Policyholders' Disapproved Coverage(s)**
  - Other reports may be added throughout the year
- **Change E-mail**
- **Change Password**
- **Shopper's Guide**
- **Logout**

# Submission of Documentation

## Qualifying Events:

- Submit Documentation **with a Change-In-Status form** for qualifying events. The Change-In-Status form can be found on **Page 6** in the Forms & Instructions section of the Benefit Coordinator Reference Manual.
- If the documentation is **not** available at the time the Change-In-Status is submitted, mail it to PEIA with the **Documentation Checklist** found on **Page 9** in the Forms & Instructions section of the Benefit Coordinator Reference Manual.

## Open Enrollment:

- If Open Enrollment changes were made online at Manage My Benefits, the required documentation should be submitted using the **Documentation Checklist** found on **Page 9** in the Forms & Instructions section of the Benefit Coordinator Reference Manual.
- Submit Documentation **with an Open Enrollment Transfer form** to add dependents, change health coverage, or update your tobacco status. The Open Enrollment Transfer form will be generated and sent to the policyholder when they contact PEIA Customer Service.

## State of West Virginia - Public Employees Insurance Agency Change-In-Status Form

**Change in Status**

Complete this form to change the status of your coverage. Complete all sections as appropriate except the sections "AGENCY" and "PEIA" and return to your benefit coordinator.

EMPLOYEE	Name (Last) _____ (First) _____ (MI) _____ (Generation: Jr., Sr., etc.) _____		Social Security Number _____	
	Street Address _____ Check if New Address <input type="checkbox"/>		County of Residence _____ Home Phone ( ) _____	
	City _____ State _____ Zip _____		Job Title _____ Work Phone ( ) _____	
	Do you participate in the IRS Section 125 Premium Conversion Plan sponsored by PEIA, if available? YES <input type="checkbox"/> NO <input type="checkbox"/>			

CHANGE TYPE	Please indicate the type of status change you are making:	
	<input type="checkbox"/> 001	Change name as listed above to: (Last) _____ (First) _____ (MI/Gen) _____
	<input type="checkbox"/> 002	Transfer employee's premium billing from Employer Account # _____ To Account # _____ within the same agency
	<input type="checkbox"/> 003	Add Dependents to: Mark your choice(s): <input type="checkbox"/> Health <input type="checkbox"/> Dependent Optional Life Insurance (Check one) <input type="checkbox"/> Plan 1 <input type="checkbox"/> Plan 2 <input type="checkbox"/> Plan 3 <input type="checkbox"/> Plan 4 <i>If outside the initial enrollment period, an Evidence of Insurability Application for Coverage is required for life insurance coverage.</i>
	<input type="checkbox"/> 004	Remove Dependents from: Mark your choice(s): <input type="checkbox"/> Health <input type="checkbox"/> Dependent Optional Life Insurance
	<input type="checkbox"/> 005	Change in managed care plan (Requires PEIA approval if outside open enrollment) From: (Plan Name) _____ To: (Plan Name) _____
	<input type="checkbox"/> 006	Add Health coverage. (Check only one) <input type="checkbox"/> PEIA PPB Plan A <input type="checkbox"/> PEIA PPB Plan B <input type="checkbox"/> PEIA PPB Plan C <input type="checkbox"/> Health Plan HMO Plan A <input type="checkbox"/> Health Plan HMO Plan B
	<input type="checkbox"/> 007	Drop Health coverage. Keep life insurance ONLY. (This terminates health coverage for policyholder and all dependents.)
<input type="checkbox"/> 008	Tobacco status change	

DEPENDENT	Name (Last, First, MI, Generation)	Address (If different from above)	Relationship (Circle One)	Sex/Category	Birth Date	Social Security Number	Other Insurance (Plan Name)
		-----	SP CH				
		-----	SP CH				
		-----	SP CH				
		-----	SP CH				

**CATEGORY for Dependent Child(ren): Relationship Code 1. Child (biological or adopted) 2. Step-child 3. Grandchild 4. Court-Ordered Dependent Child 5. Student (age 19-25) 6. Other** In dependent column titled "Sex/Category", please include both gender and relationship code (e.g., M1 for Male Child; F3 for Female Grandchild; F25 for Female Step-child/Student, etc.). If adding a dependent child other than your biological or adopted child, a notarized copy of documentation is required showing that the child is completely dependent upon the member for financial support.

REASON	<b>Policyholder must provide documentation for every type of status change.</b>					
	<input type="checkbox"/> 1 Marriage	<input type="checkbox"/> 5 Death of spouse or dependent	<input type="checkbox"/> 9 Ineligibility of dependent child due to age, marriage, or loss of full-time student status			
	<input type="checkbox"/> 2 Divorce	<input type="checkbox"/> 6 Beginning or end of spouse's employment	<input type="checkbox"/> 10 Change from full-time to part-time employment or vice-versa for employee or spouse			
	<input type="checkbox"/> 3 Birth of Child	<input type="checkbox"/> 7 Significant change in health coverage due to spouse's employment	<input type="checkbox"/> 11 Open Enrollment			
<input type="checkbox"/> 4 Adoption	<input type="checkbox"/> 8 Unpaid leave of absence by employee or spouse	<input type="checkbox"/> 12 Other (please specify): _____				
I certify that on ____/____/____ (date of event) I incurred the status change marked above, and I, therefore, wish to change my plan benefits as indicated. I understand that the change requested must be consistent with the event. I further understand that I am required to maintain documentation of this event, and I may be requested to provide this documentation to the WV Public Employees Insurance Agency, my employer, or the Internal Revenue Service for Section 125 purposes.						





# Non-State Agency Agreement

---

Your non-state agency's Agreement with PEIA to provide the major medical health plan requires that all PEIA plans be made available to your employees:

- PPB Plans A, B, and C (high deductible plan)
- Health Plan HMOs A & B

It is up to your agency to decide which plans they will subsidize and for what amount, but the policyholder retains the right to choose from **any** of the plans offered.

Life Insurance through Minnesota Life is also included in the package.

Depending upon your agency, employees may also be offered Mountaineer Flexible Benefits through FBMC

# Non-State Agency Agreement (cont.)

---

Non-state agency Agreements with PEIA also requires:

- Agency remains in the PEIA Plan for a minimum of 3 years
- PEIA will be the exclusive provider of major medical health coverage during term of agreement
- Agency is required to pay to the PEIA for its retirees who participate in the PEIA Plan whether or not the Agency elects to remain with the PEIA for its active employees

# Eligibility Changes for Plan Year 2012

---

- Biological children, stepchildren, adopted children, and children for whom the policyholder is a court-appointed guardian up to age 26
- Regardless of marital status, student status, level of support from employee/parent, or residence
- Does not apply if dependent is eligible for coverage as a policyholder in another employer-sponsored group health plan

# Benefit Changes for Plan Year 2012

- Lifetime dollar limits on health plans are eliminated; PEIA's \$1.5 million **lifetime maximum** goes away
- Certain preventive services under PPB **Plan C** are now covered with no deductible, coinsurance, or copayment; these include selected screenings, immunizations, vaccines, preventive services for adults and children as listed in the Shopper's Guide and Summary Plan Description
- The **Health Plan** now covers 48 counties in WV
- The Health Plan has eliminated \$5,000/year benefit maximum on prescription drugs
- Because **Life Insurance** rates are changing for active and retired employees, retirees are no longer required to have basic life insurance to maintain medical insurance with PEIA

# Improve Your Score Discount

---

- \$10 per month discount off the standard health premium
- **Active** employees in PEIA **PPB Plans** A, B or C
- Not available to retired policyholders
- Based upon participation and not the color-coded outcome
- Results received after April 30, 2012 will be accepted

# Improve Your Score Discount

(continued)

For the plan year **2013**, ANY of the following:

- “green” score
- seeing their physician
- participating in PEIA’s Face to Face Diabetes Program
- participating in the PEIA Weight Management Program
- participating in the Dr. Ornish Program for Reversing Heart Disease
- participating in the Ornish Spectrum education program
- receiving nurse coaching through Active Health

# Living Will Discount

- \$4 per month off the standard health insurance premium for active and retired health policyholders
- PEIA PPB Plans, Special Medicare Plan or the Humana Medicare Advantage plan
- Completed one of these forms:
  - WV Living Will Form (or form for your state of residence)
  - WV Medical Power of Attorney form
  - WV Combined Living Will and Medical Power of Attorney form
  - Five Wishes form (Aging with Dignity for \$5 per copy call 1-888-594-7437)
- DO NOT mail the actual form to PEIA

# Beneficiary Refresh Project

---

**Timeline:** Retirees Feb. 23, 2011 – June 2011  
Active Anticipated August 2011

## Goals

- Update beneficiary information
- Ensure benefits are paid based on insured's wishes
- Get beneficiary designations in one location (BAS)
- Quicker access to beneficiary information at time of claim
- Obtain current beneficiary contact information

**Updates** can be completed one of two ways:

- Online at Manage My Benefits
- Paper form

Q & A